

Anti-Drugs Awareness Cell

Hindu Kanya Mahavidyalaya, Jind

Event: Organization of Yoga Program under Drug-Free India Campaign

14th August, 2025

On 14th August 2025, a yoga program against drug abuse was organized under the Drug-Free India Campaign by the Anti-Drugs Awareness Cell at Hindu Kanya Mahavidyalaya, Jind. The program was held in the Block Two corridor and started at 10 a.m. It was conducted by Dr. Seema Dalal and Dr. Pinky.

In this program, 50 students including NCC cadets and 10 assistant professors participated. All participants contributed significantly to the Drug-Free India Campaign run by the government.

At the end of the program, Dr. Seema Dalal and Dr. Pinky explained the importance of yoga to the students. They said that through yoga we can protect ourselves from drug addiction and improve our health. Dr. Pinky also explained the value of yoga to the students and encouraged them to practice yoga regularly.

The purpose of this program was to make students aware of the harmful effects of drugs and to inspire them to improve their health through yoga. The team of the Anti-Drugs Awareness Cell deserves appreciation for the successful organization of this program.

Glimpses and Media Coverage of the Event

HINDU KANYA MAHAVIDYALAYA, JIND
Anti Drug Awareness Cell
organizes
Nasha Mukt Bharat Abhiyan (NMBA)

Programs under this Campaign:-

1. Pledge Program (13th August,2025)
2. Yoga Program (14th August,2025)
3. Rangoli Making Competition (20th August,2025)
4. Rally Program (26th August,2025)
5. Planting Program (27th August,2025)
6. Non-Sports Students Athletic Meet (29th August,2025)

Dr. Seema Dala
Incharge, Anti Drug Awareness Cell

Dr. Poonam Mor
Principal

**SAFELY
TO
DRUGS**

**13th August, 2025
to
31st August, 2025**

