Department of Home Science Hindu Kanya Mahavidyalaya, Jind Event: Healthy Recipe Competition on the Occasion of National Nutrition Month 7th September, 2024

A Healthy Recipe competition was organised on 7th September, 2024 by the department of Home Science of Hindu Kanya Mahavidyalaya, Jind under the 'National Nutrition Month' in which twelve students actively participated. The competition was presided over by the Principal of the college, Dr. Poonam Mor. The event was organised by the faculty members of the Home Science Department, Mrs. Tanu Rani and Mrs. Anu Rani under the supervision of Mrs. Arti Saini, in charge of Home Science department. In this competition, the students prepared various types of dishes such as nutritious poha, sandwiches, various types of salads, Panchratni dal, etc. Dr. Sushma Garg and Dr. Niketa Sharma played the role of the jury in this competition. Naina a B. A. third year student stood first in the competition, Parul Poonia, a B. A. third year student stood second and Bhavna from B. A. third year secured third position. On this occasion the principal of the college Dr. Poonam Mor told the students about the importance of nutritious and healthy food and appreciated the efforts of the students and encouraged them to participate in such type of competitions in future also.

Glimpses and Media Coverage of the Event

