

**Department of Physical Education & Yoga Club
Hindu Kanya Mahavidyalaya, Jind
Event: Celebration of National Sports Day
August 29th, 2024**

National Sports Day was celebrated by the Physical Education Department and Yoga Club of Hindu Kanya Mahavidyalaya, Jind on 29th August, 2024 under the chairmanship of the principal of the college. Principal Dr. Poonam Mor highlighted the importance of sports and implemented the motto of 'First happiness is a healthy body', under which the students were made to do yoga and exercise. Mrs. Meena, Assistant Professor of the Physical Education Department, explained the importance of yoga and pranayam to the students and the children learned various yoga exercises. On this occasion, college teachers Mrs. Tanu Rani, Dr. Niketa Sharma, Mrs. Anu Rani and Mrs. Suman were present.

Glimpses and Media Coverage of the Event

HINDU KANYA MAHAVIDYALAYA, JIND
Dept. of Physical Education and Yoga Club
celebrates
National Sports Day
on
Date: 29th August, 2024

NATIONAL SPORTS DAY

Convener Mrs. Meena HOD, Physical Education	Patron Dr. Poonam Mor Principal	Chief Patron Dr. Anshul Singla President
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