

**Youth Red Cross Cell**  
**Hindu Kanya Mahavidyalaya, Jind**  
**Event: Workshop on 'How to Provide First Aid' on the**  
**occasion of World First Aid Day**  
**9<sup>th</sup> September, 2025**

On September 9<sup>th</sup>, 2025 the Youth Red Cross Cell of Hindu Kanya Mahavidyalaya, Jind organized a one-day workshop titled 'How to Provide First Aid' on the occasion of World First Aid Day in Smart Class Room Number 108 from 10:00 AM to 1:00 PM. Dr. Gaurav Lakhina graced the occasion as the special speaker. The program was managed by Youth Red Cross Cell incharge Dr. Seema and member Dr. Rashmi. The chairmanship of the program was held by the Principal of the college, Dr. Poonam Mor. The Principal welcomed Dr. Gaurav Lakhina and honoured his presence. During the workshop, the Principal emphasized the significance of the workshop for the students of the Youth Red Cross Cell. Through this workshop, students would be trained to provide first aid in emergency situations and serve humanity. Dr. Gaurav Lakhina discussed the importance of first aid and its various aspects in detail.

Dr. Gaurav Lakhina discussed various aspects of first aid, such as the meaning of first aid, why it is essential, and how we can serve humanity by learning first aid. He also explained the methods of providing first aid in different diseases and emergency situations, such as accidents, heart attacks, and diabetes.

At the end of the workshop, Dr. Gaurav Lakhina was honoured with a memento by the Principal, Dr. Poonam Mor, Dr. Seema, and Dr. Rashmi. On this occasion, Dr. Poonam Mor thanked Dr. Gaurav Lakhina and stated that this workshop would be extremely beneficial for the students of the college.

Through this workshop, the students of the college gained knowledge about the importance of first aid and its various aspects. They were trained to provide first aid in emergency situations and inspired to serve humanity.

## Glimpses and Media Coverage of the Event

