

HINDU KANYA MAHAVIDYALAYA, JIND Affiliated to C. R. S. University, Jind



A
Report
on
Value Added Course
on
Skin Care

Mrs. Arti Saini Course Coordinator Dr. Geeta Gupta Convenor, VAC Dr. Punam Kajal Principal

Report

Name of the Course	Skin Care
Date of Course	19 October 2023 – 7 December 2023
Duration	32 Hours
No. of Students Enrolled in the Course	78
No. of Students Completed the Course	64
Learning Outcomes of the Course	 Dermatology is a branch that deals with problems related to skin, scalp, hair, and nails. Dermatologists specialize in treating skin, hair, and nail problems and disorders so that patients can live a natural and healthy life. Dermatology courses can be pursued through certificate, diploma, and bachelor's degree programs.

Notice

NOTICE

Notice No.: 200782

Date: 10.10.2023

All the students of UG/PG programs of the college are informed that for overall development of students, 10 Value Added Courses of 32 hours each are going to be introduced from 19th October 2023. After the completion of the course there will be an exam of the course. Those students who will qualify the exam will be awarded certificates. The students who are interested to get enrolled in these Value-Added Courses are required to \checkmark against their selected course in registration form up to 14th October 2023.

Sr No.	Name of Value-Added Course	Overall Incharge	Teacher	Time	Room No.
1,	Grammar for Competitive Examinations	Dr. Geeta Gupta	Mrs. Sushila	2:15 pm-3:15 pm	208
2.	Social Etiquettes	Mrs. Anjali Gupta	Ms. Divya	2:15 pm-3:15 pm	209
3.	Human Rights	Mrs. Neelam	Dr. Rachna	2:15 pm- 3:15 pm	210
4.	Computer Programming in C	Mrs. Anju	Mrs. Ritu	2:15 pm- 3:15 pm	217
5.	Ecology and Waste Management	Dr. Neelam Rani	Dr. Munni	2:15 pm- 3:15 pm	221
▲ 6.	Soft Skills	Dr. Sushma Garg	Ms. Aakanksha	2:15 pm-3:15 pm	116
7.	History of Haryana for Competitive Examinations	Dr. Rashmi	Mrs. Soni	2:15 pm- 3:15 pm	117
8.	Women and Society in India	Dr. Anshu Sailpar	Mrs. Jyoti	2:15 pm-3:15 pm	223
9.	Health and Nutrition	Dr. Seema	Mrs. Tanu	2:15 pm-3:15 pm	222
10.	Skin Care	Mrs. Arti Saini	Mrs. Nitisha	2:15 pm-3:15 pm	118

Tolio 2023 Principal Hindu Kanya Mahavidyalaya Jind (Haryana)

Syllabus

Syllabus
for
Value Added Course
in
Skin Care
Course Code: SC-2023
Duration: 32 Hours

Time: 1 Hour Max. Marks: 50 Min. Marks: 20

NOTE: The examiner is required to set Twenty-five questions, all questions are compulsory and carry equal marks.

Learning Outcomes of the Course

- 1. Dermatology is a branch that deals with problems related to skin, scalp, hair, and nails.
- 2. Dermatologists specialize in treating skin, hair, and nail problems and disorders so that patients can live a natural and healthy life.
- 3. Dermatology courses can be pursued through certificate, diploma, and bachelor's degree programs.

Unit -I

- Anatony and Physiology of the Skin
- . Layers of the Skin
- · Functions of the Skin

Unit -II

Types of Skin and Skincare: -

- . How to Identify
- * How to Perform Skin Analysis?
- Skincare Techniques
- Aging of the Skin, Facial Muscles and Muscle tone
- · Face Mask and their effect on the Skin

Unit -III

- * Actions of the Facial Neck and Shoulder Muscles
- . Common Body Movements

Unit -IV

- Bleaching
- A Patch Test
- * Scrub
- Face Steamer

Unit- V

- ❖ Skin Warming or Facial Steaming
- · Benefits
- · Points to Remember

Reference Books:

- 1. The Visual Skin Analysis Diagnostic Indicator Guide
- 2. 3D- Skin Diagnostic Flow Charts
- 3. Cosmetic Chemistry

Mrs. Arti Saini (Course Coordinator)

Dr. Geeta Gupta (Convenor, VAC) Principal
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	Roll No.	1211922002315	1211922002320	1211922002329	1211922002331	1211922002335	1211922002340	1211922002345	1211922002349	1211922002350	1211922002354	1211922002355	1211922002356	1211922002359	1211922002365	1211922002374	1211922002375	1211922002379	1211922002384	1211922002389	1211922002394	1211922002395	1211922002400	1211922002406	1211922002409		
	Class	B.A. III																									
	Name	NEHA	KAFFI LOHAN	ANIALI	ANNU	MOUSAM	BABY	ANNU	SANEH	SHIVANI DEVI	PREETI	RADHIKA	SNEHA	MANJU RANI	DIPIKA	PRIYA	NANCY	ARCHANA	KOMAL	IYOTI	SONIA	DIKSHA	MADHU	KHUSHI	SUMAN		
1	Sr	55	26	57	28	29	09	61	62	63	64	65	99	29	89	69	70	71	72	73	74	75	76	11	78	2130	
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	Signature		roll Lehan	Amali	Front	Sep.	Baby	Bury	Sareh	かざむ	Breed	Radhila	27/22	Manju Kani	Dib As	Parya	Zancz	Anchers	Tomal	14.11	Soil	Oilesta	Madhu	- Pelmeshi	Suman	0	Principal Ninch Kar	F. 1989
	Day 32	c	2	Q	0	0	a	P	U	d	C	a	A	2	ď	a	a	a	a	D	d	9	2	A	Q			
	Day 31	-	C	A	a	C	a	A	A	Д	A	7	d	a	0	Q	C	2	9	V	Д	d	d	0	م			
	Day 30	T	0	C	0	В	0	2	d	Ь	0	d	Р	d	ø	م	a	U	2	0	9	9	9	Q	d			
\cap	Day 29	0	0	A	0	d	0	2	1	l p	Cl I	d	P	9	0	٦	م	2	٥	D	Р	A	0	9	6			
	Day 28		C	C	d	Q	Q	٥	D	9	0	A	9	0	A	9	2	0	A	0	U	0	U	2	2			
	Day 27		d	D	0	<u>_</u>	0	U	0	A	U	0	6	A	0	A	0	a	1	U	0	0	0	A A	H	3	1	
	Day 26	0	0	C	2	0	0	0	٥	5	<u> </u>	7	P	<u>D</u>	٥	0	9	Q.	1	d	5	<u>σ</u>	7		2		三	
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0	21 2) U	0	0	C	0	0	d D			7	PF	9	6	Q	6	b	PI	PA	٥	2	2	d	0	2			
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	Day 1	00	0	0	d	٥	U	0	2	2	2	0	0	٥	Q	D	<u>Q</u>	A	b	0	٥	C	0	٥	0			
	Day 18	0	2	J	A	J	C	H	2	0	0	Q	0	D	٥	<u>Q</u>	ح	01	A	٥	2	2	H	2	0			
	Day 17	-	۵	0	d	D	J	0	C	0	U	C.	0	٥	٥	D	A	0	b	Q	d	2	G	٥	H			
	Day 16	0	0	A	B	0	d	٥	D	٥	1	0	d	٥	Ç	٥	0	0	0	0	٥,	2	0	Q	0			
	Day 15	9	A	0	0	0	d	0	2	2	2	Q	0	0	Œ	2	٥	Œ	0	C	A	Ø	0	A	2			
	Roll No.	1211922002315	1211922002320	1211922002329	1211922002331	1211922002335	1211922002340	1211922002345	1211922002349	1211922002350	1211922002354	1211922002355	1211922002356	1211922002359	1211922002365	1211922002374	1211922002375	1211922002379	1211922002384	1211922002389	1211922002394	1211922002395	1211922002400	1211922002406	1211922002409			

Award List

Hindu Kanya Mahavidyalaya, Jind

Value Added Course (32 Hours)

on

Skin Care

Session: 2023-24

(19 Oct. 2023 - 07 Dec. 2023)

Award List

Max. Marks - 50 Min. Marks - 20

Sr No.	Name	Father Name	Class	Roll No.	Marks Obtained
1	ANCHAL	KULDEEP SINGH	B.A. III	1211922002010	36
2	INDU	RAJ KUMAR	B.A. III	1211922002015	48
3	· KIRAN	GULAB SINGH	B.A. III	1211922002020	40
4	KOMAL	SATNARAIN	B.A. III	1211922002030	48
5	RITU	BALKER	B.A. III	1211922002035	46
6	SWEETY	JOGINDER	B.A. III	1211922002040	46
7	ANJU	VEDPRAKASH	B.A. III	1211922002045	30
8	KAJAL	RAMESH KUMAR	B.A. III	1211922002050	50
9	NAINA VERMA	SATPAL VERMA	B.A. III	1211922002060	38
10	SHIVANI	KARAMBIR	B.A. III	1211922002065	46
11	ANKITA	JAIBHAGWAN	B.A. III	1211922002075	48
12	MANSI	RAJESH ,	B.A. III	1211922002085	40
13	NEERAJ	BALWAN REDHU	B.A. III	1211922002090	35
14	TAMANNA	DHARAMBIR	B.A. III	1211922002095	42
15	MANISHA	AJMER SINGH	B.A. III	1211922002100	38
16	JYOTI	JASBIR SINGH	B.A. III	1211922002105	46
17	CHANCHAL	RAJESH KUMAR	B.A. III	1211922002110	40
18	SUNITA	BALBIR	B.A. III	1211922002115	32
19	AMIRI DEVI	KRISHAN	B.A. III	1211922002120	32
20	APARNA	RAJEEV BANSAL	B.A. III	1211922002125	30
21	SWEETY	NARESH	B.A. III	1211922002130	35
22	KM KOMAL	SHYAM MURARI	B.A. III	1211922002135	25
23	SNEHA	RAJESH GARG	B.A. III	1211922002140	50
24	AASTHA	NIDAN SINGH	B.A. III	1211922002141	50
25	MEGHNA	VIJAY	B.A. III	1211922002143	38

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Principal Hindu Kanya Mahavidyalaya Jind (Haryana)

26	NIKITA	JOGINDER	B.A. III	1211922002155	32
27	DIVYA	HIMMAT SINGH	B.A. III	1211922002165	42
28	PRIYA	KULDEEP	B.A. III	1211922002170	32
29	MUSKAN	HARBANS	B.A. III	1211922002175	40
30	ISHIKA	RAJESH KUMAR	B.A. III	1211922002180	40
31	SUNENA	RAMPHAL	B.A. III	1211922002185	35
32	ULNAS	RAJESH KUMAR	B.A. III	1211922002200	40
33	REENU	ANIL	B.A. III	1211922002205	48
34	DEEPIKA	AZAD SINGH	B.A. III	1211922002210	35
35	USHA	RAJENDER	B.A. III	1211922002215	48
36	AARTI	TELU RAM	B.A. III	1211922002220	38
37	KOMAL	MANOJ	B.A. III	1211922002225	35
38	SALVI	ANIL KANT	B.A. III	1211922002230	40
39	KUSUM	SATPAL	B.A. III	1211922002240	32
40	PRIYA DEVI	ANIL KUMAR	B.A. III	1211922002245	40
41	NISHU	DILBAG	B.A. III	1211922002250	38
42	SHEETAL	MANOJ	B.A. III	1211922002255	30
43	SHITAL	SATYAWAN	B.A. III	1211922002260	42
44	SANJANA	SANJAY	B.A. III	1211922002265	40
45	NISHA	RAMESH	B.A. III	1211922002270	42
46	REETIKA	SURENDER KUMAR	B.A. III	1211922002275	46
47	MANJU	SURENDER KUMAR	B.A. III	1211922002280	40
48	MANISHA	AJMER SINGH	B.A. III ·	1211922002284	Α
49	DHOLI	SURAT SINGH	B.A. III	1211922002285	20
50	MANNU DEVI	RAMESH KUMAR	B.A. III	1211922002290	46
51	REENU	ASHOK	B.A. III	1211922002295	50
52	KAAFI	KRISHAN KUMAR	B.A. III	1211922002300	40
53	POOJA DEVI	RAJPAL SINGH	B.A. III	1211922002305	36
54	PREETI	HARPAL	B.A. III	1211922002310	40
55	NEHA	NARENDER SINGH	B.A. III	1211922002315	48
56	KAFFI LOHAN	SHAH SINGH	B.A. III	1211922002320	32
57	ANJALI	RAMMEHAR	B.A. III	1211922002329	Α
58	ANNU	SUNDER	B.A. III	1211922002331	A
59	MOUSAM	BIR SINGH	B.A. III	1211922002335	50
60	BABY	BALWAN	B.A. III	1211922002340	50
61	ANNU	SUNIL KUMAR	B.A. III	1211922002345	38
62	SANEH	VIRENDER	B.A. III	1211922002349	A
	SHIVANI DEVI	RAJENDER SINGH	B.A. III	1211922002350	28
63	PREETI	RAJESH	B.A. III	1211922002354	A
64	RADHIKA	RAM KISHOR	B.A. III	1211922002355	D-36

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Principal Hindu Kanya Mahavidyalaya Jind (Haryana)

66	SNEHA	ISHWAR SHARMA	B.A. III	1211922002356	Α
67	MANJU RANI	KULDEEP	B.A. III	1211922002359	Α
68	DIPIKA	VIRENDER	B.A. III	1211922002365	50
69	PRIYA	VED PRAKASH	B.A. III	1211922002374	Α
70	NANCY	ANIL KUMAR	B.A. III	1211922002375	50
71	ARCHANA	CHANDI RAM	B.A. III	1211922002379	Α
72	KOMAL	BHIM SINGH	B.A. III	1211922002384	Α
73	JYOTI	JAGDISH	B.A. III	1211922002389	Α
74	SONIA	BALIT	B.A. III	1211922002394	Α
75	DIKSHA	SATISH KUMAR	B.A. III	1211922002395	36
76	MADHU	RAGHBIR	B.A. III	1211922002400	/ 44
77	KHUSHI	RAMMEHAR	B.A. III	1211922002406	Α
78	SUMAN	SURESH	B.A. III	1211922002409	Α

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Principal Hindu Kanya Mahavidyalaga Jind (Haryana)

Course Completion Certificate



👸 Hindu Kanya Mahavidyalaya, Jind

Certificate of Value-Added Course

Skin Care

(32 Contact Hours) Session: 2023-24

Certified that Ms. ANCHAL D/o Kuldeep Singh of Class B.A. III Roll Number 1211922002010 has successfully completed 32 hours Value Added Course in 'Skin Care' from 19th October, 2023 to 7th December, 2023.

Bulsini

Mrs. Arti Saini **Course Coordinator** Enellhier.

Dr. Geeta Gupta Convenor, Value Added Courses

Dr. Punam Kaial Principal

5C/VAC-2023/1



📆 Hindu Kanya Mahavidyalaya, Jind

Certificate of Value-Added Course

Skin Care

(32 Contact Hours)

Session: 2023-24

Certified that Ms. INDU D/o Raj Kumar of Class B.A. III Roll Number 1211922002015 has successfully completed 32 hours Value Added Course in 'Skin Care' from 19th October, 2023 to 7th December, 2023.

Bullin

Course Coordinator

Dr. Geeta Gupta Convenor, Value Added Courses

Dr. Punam Kajal Principal

SC/VAC-2023/2