

**Women Cell**  
**Hindu Kanya Mahavidyalaya, Jind**  
**Event: Seminar on Mobile Addiction**  
**1<sup>st</sup> October, 2024**

A seminar on the topic Mobile Addiction was organized by the Women Cell of Hindu Kanya Mahavidyalaya, Jind on 1<sup>st</sup> October, 2024. Psychologist and counsellor (awarded Haryana Gaurav Award by Deenbandhu Chhotu Ram Smriti) Mr. Naresh Jaglan participated as the keynote speaker in the seminar. The seminar was presided over by the Principal of the college, Dr. Poonam Mor. The seminar was conducted by the convener of the Women Cell, Dr. Sushma Hooda and the organizing secretary, Dr. Pinki Mor. In the seminar, Mr. Naresh Jaglan told the students about the physical and mental disorders caused by excessive use of mobile and made the students aware of the ways to get rid of mobile addiction. 150 students participated in this seminar. The seminar concluded with a vote of thanks by Dr. Sushma Hooda.

**Glimpses and Media Coverage of the Event**

