

Best Practices 1

Title of the practice: Mentoring Programme

Objective:-

1. To help students in their overall growth and develop their personality.
2. To develop a trusting relationship between the Mentor and the Mentee so that they open up and discuss their personal and health related problem.
3. Helps mentees to identify their goals and offer empowerment and encouragement to achieve their goals.
4. To establish Mentor as a role model for attaining academic goals and life skills
5. To monitor their over all progress in academic and extra curricular activities including attendance and take a serious note of their digressions.

The Content:-

The college caters to economically poor students who are from rural area. There is absence of mentoring, guidance and counseling in the region. The responsibility lies on college to provide the same and help them attain their academic and life goals.

The practice:-

- Mentoring session is conducted every Friday from 1.00 P.M. to 1.30 P.M. on regular basis. It is compulsory for all students to attend this session.
- Mentee are divided into group of 40-60 students. Each group is headed by a permanent regular teacher and a part – time teacher for the complete academic session.
- Mentors maintain a complete record of academic and extra curricular activities.
- They also maintain record of the attendance of the students. If students remain absent for more than 7 days they contact the parents of the students.
- Merit record and awards won by students are also kept in record by the mentors.
- If a students commits any indisciplinary action, the mentor takes cognizance of the matter and puts that also in record.
- The mentor signs the leave record of the students.
- The mentor helps the student to solve his problems academically as well as his personal problems.
- A register is maintained by the Mentor in which the family details of the mentee and other details are recorded.
- The Principal and the Vice-Principal monitor the activities of all the mentors.

Evidence of success:-

- Improvement in the attendance of the students.

- It is easy to trace slow learners and students who are regularly absent from the class.
- Direct contact between the Mentor and the Mentees has instilled confidence and provides a congenial environment in the campus.

Problems encountered and resources required:-

- To make smaller groups feasible part-time teachers have also been deputed as co-mentors.
- More recruitment of permanent teachers is required.
- Students tend to bunk Mentor's period allotted to guide them.

Best Practice:- Over all holistic development of students through participation in departmental activities and societies.

Objectives:- 1. Co-curricular activities are a very important and essential part of educational system.

2. It helps them to discover their interests and talents.

3. Develops in them values and competencies that will prepare them for a rapidly changing world such as, leadership, honesty, spadranship and mutual respect.

4. Prepares them academically, intellectually, emotionally, spiritually, physically and socially to face the world.

The Context:- The vision of the college is to churn out empowered girls who are able to play leadership roles, As majority of students are from rural background they do not get access to many avenues to development of their personality. Extra-curricular activities conducted by all the departments of college develops various skills such as effective communication, critical thinking, integration and application of knowledge. It develops sense of values and ethics with in diverse, cultural, social and environmental setting. It enables the students to express themselves freely. It guides them to organize and present an activity.

The Practice:- 1. All the departments of the college conduct a plethora of activities under their aegis. Activities vary from one department to the other. These activities includes Physical activities, Literacy Activities, Social Activities, Aesthetic, Cultural Activities, Craft Activities and Patriotic Activities.

2. The subject societies have President, Vice-President, Secretary as their office bearers. The office bearers help in organizing the activities. Along with subject societies, the cells of the college NSS, Sports, Legal literacy Cell, Red Cross, Women Cell, Career Guidance, Placement Cell, Alumni Association, Election Voters Awareness Cell, Entrepreneurship Development Club also conduct activities.

Physical Activities:-

1. Swatch Bharat Internship Programme 1st May to 31st July, 2018.
2. Swachhta Pakhwara 1st August to 15th August.
3. Tree plantation 14th Sept. 2018.
4. Swachhta Jagrukta 18th Feb., 2019.
5. Athletic Meet

Literary Activities:- (English and Hindi Department)

1. Celebration of 'Hindi Saptah' by Hindi Department from 10th Sept. to 14th Sept., 2018.
2. Original Poetry Writing Competition.
3. Essay Writing Competition.
4. Slogan Writing Competition.
5. *Sahityik Parichay Lekhan* Competition Oct., 2018.
6. Calligraphy '*Sundar Lekhan Pratiyogita*'
7. Quiz Contest
8. Creative Writing Competition
9. Poetic Recitation Competition
10. News Paper Reading Competition
11. Calligraphy writing
12. Paper Reading
13. Essay Writing
14. Teaching by student (competitions)

Social Activities:-

1. Free marital counseling camp 31.10.2018.
2. Celebration of Women's Day 08.03.2019.
3. Celebration of World First Aid Day 08 Sept., 2018.
4. 5 Day Youth Red Cross Training Camp and Home Nursing Camp (07 Jan. to 10 Jan., 2019).
5. Organization of World Mental Health Day 11.10.2018.
6. Seminar on 'Self Defence and Personal Hygiene' 02.02.2019.
7. Seminar on 'Menstrual Health' on 08.03.2019.
8. Home Science Society celebrated 7 days nutrition week 01.09.2018 to 07.09.2018.

Craft Activities:-

1. Under EDC Club, a training on Tie & Die was conducted on 05.02.2019, 50 students participated.
2. Rakhi Making Competition on 25.08.2018 (18 students participated)
3. The Home Science Society organized painting, rangoli and Haryanvi traditional craft competition in Talent Show programme on 11.09.2018.
4. On the occasion of International Women's Day on 08.03.2019 the Home Science Society organized two days programme on the theme 'Balance for Better' Embroidery competition, Poster making & Rangoli competition was organized.
5. Exhibition cum sale of Handi Craft items was organized.

Cultural & Intellectual Activities:-

1. Maths quiz for Ist Year/IIInd Year and IIIrd Year students on 19.09.2018.

2. Poster Making, Rangoli Competition was organized by Maths Department on 27.09.2018 and 06.10.2018 respectively.
3. State level Mathematics Quiz contest was organized by Maths Department on 30.10.2018.
4. Inter College PPT Competition on 06.02.2018 was held on the topic Social communication and verbal skills by Computer Department.
5. Mega Alumni Meet was organized.
6. Talent show was organized.

Civic dev. Activities:-

1. Rally on 23.08.2018 by girls on hard stand for women's safety and dignity.
2. 192 student's voter cards were filled during admission.
3. District Level College competitions were organized in the college on the topic 'Qualitative and Complete Participation in Democracy' 26 Sept., 2018.
4. Cycle Rally by girls to make aware the citizens about voting behavior of voters in election 24.10.2018.
5. Department of Political Science and Public Administration organized slogan writing competition, poster making, essay writing, rangoli making, speech competition, debate competition on different Political & Civic Development related topics.

Patriotic Activities:-

1. International Yoga Diwas 21 June., 2018.
2. Independence Day
3. World Peace Day 21 Sept., 2018
4. NSS Day
5. Vallabhai Patel Jayanti
6. Anti Tobacco Day 10 Oct., 2018
7. Republic Day
8. World First Aid Day 08 Sept., 2018
9. Celebration of 'Consumer Rights Day' on 15 March, 2019 on the theme 'Trusted smart product'

Career Guidance Activities & EDC:-

1. Seminar on 16th March, 2019 by Career Counseling and Placement Cell on 'Mathematics and Quantitative Aptitude'.
2. Organization of workshop on the topic 'Skill India' sponsored by Govt. of India on 12th Jan., 2019. (450)
3. On 13 Oct., 2018 a training was organized by Dr. Arti Saini on 'Basics of handling Musical Instrumental'.
4. A lecture on 13 Oct., 2018 on 'Women Empowerment through Employment' by Dr. Sushma Hooda.
5. Extension lecture by Dr. Dalbir Singh Sharma on 13 Sept., 2018 on herbal products.

6. A workshop on digital literacy awareness programme initiated on 30 Jan., 2019 by Department of Computer Science under initiative of Govt. of India for duration of 10 days was organized. 591 students and teaching & non teaching staff participated.

Evidence of success:-

1. Majority of students participate in these activities as a result students have opened up and express themselves freely.
2. It has developed confidence in students and they feel happy in participating in not only college activities but also inter college activities also.

Problems encountered and recourses required:-

1. Students are from villages and they come to college by bus so they tend to leave college early. So, that they can reach their villages by time. So it is very difficult to arrange any activities after 3.00 P.M.
2. Shortage of funds.