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Report of Seven Days Day Special Camp of N.S.S. 2016-17

04.01.2017 to 10.01.2017

HINDU KANYA MAHAVIDYALYA, JIND

With the verbal permission of S.L.O., Director Higher Education, laryana, a seven days day special camp organized in the college campus from 4th jan., 2017 to 10th jan., 2017. On the occasion of opening ceremony of **Day Special Camp**, Dr. (Mrs.) Alka Gupta (Principal), Mrs. Madhu Khatri and Mrs. Anita Singhroha enlightened the lamp. With the blessings of all other staff members and students camp programme had started. Dr. (Mrs.) keauty (incharge) N.S.S. described the seven days camp schedule in brief, which were supposed to do in coming days. N.S.S. Volunteers were too much enthusiastic on this programme. Various cultural and theme based activities were also performed by them.

Seven Days Activities- Seven days activities were divided in two sessions i.e.

Morning session – 8.30 A.M. to 1:00 P.M.

Evening session - 2:00 to 5:00 P.M.

Total 46 girl's students were participated in this camp. Five groups of 9 to 10 girls were created for smooth running & conduction of work. Akash, Prithvi, Jal, Vayu & Agani five names were decided for groups. N.S.S. volunteers participated with great energy and zeal in every task by learning how to serve community in all different aspects. Different training programmes and lectures were organized for them in both sessions.

Morning Session-

- 1. Yoga class for one hour by Mrs. Meena Bansal.
- 2. Self defense training by Mr. Munit Berwal.
- 3. Cleanliness of college & other premises.

Evening Session-

- Lecture on Memory Skills by Mr. Sanjay Dhawan (Distt. President of JCI).
- Lecture on Women Empowerment by Advocate Mr. Naresh
 Jaglan.
- Training on Cashless India and digitalization by Ms.
 Meenakshi Uniyal (Bank officer UBI).
- Lecture on Significance of GITA in Life by S.K. Ahuja (Retd. Principal, PDIGGC, Jind).
- Training on Effective Public Speaking by Mr. Ramesh Singla (State President BVP).
- Lecture on personality development by S.L. Kaushik (Retd. Manager OBC).
- 7. A Theme based Programme organized for People of
 Krishana Colony and Om Nagar. Included Programmes like
 Swachta Abiyan, Literacy Programme, Cashless and
 Digitalization, use of votes, use of waste material.

By learning all above mentioned issues and events girls became encouraged for any type of service of community on any time. Volunteers were very thankful for arranging all experts or trainers for them.

In the least but not last, the day of closing ceremony was also organized by students. The principal Dr. (Mrs.) Alka Gupta appreciated the work done by students in seven days. She also promoted to students for moving continuously without any break. The practical demonstration of various activities like Yoga, Aasan, Pranayam or self defense tricks were also presented on this occasion.

In last, programme got successful completion with the presentation and contribution of the whole staff and students. Photos of Camp activities are also attached with this report.

Principal

Hindu Kanya Mahavidyalaya

Jind-126102 (Hry.)

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